

One Way To Get Rid Of A Pain In The Neck!

There are lots of reasons a person can have a pain in the neck. Here is a dental example:

Some years ago I gave a presentation to a Chronic Fatigue Conference. Lots of questions followed, including several on silver coloured amalgam fillings.

One lady made an appointment to see me following the talk. She had chronic tension in her neck, right arm and shoulder for 9 months and wondered if a sensitive lower right tooth with a large, old mercury containing amalgam filling was responsible. Two lots of dental examinations and xrays were normal.

I referred her to another dentist who took coloured digital photographs which showed two fine cracks that could not be detected with the earlier standard xrays. He then removed the silver coloured filling and underlying supporting posts, taking care to minimize inhalation of mercury vapours. A temporary filling was applied until a new porcelain crown was made .

Three weeks later, this lady returned to see me. She was delighted to tell me that the pain in her tooth, neck, right shoulder and arm had completely gone and that her neck had grown longer! She was again enjoying relaxed muscles.

So maybe, if you've got some old silver fillings you ought to be seeing your dentist and having them replaced by ceramic ones, especially if you have not felt as full of beans as you should. Alternatively, make an appointment to see me and I can "run the rule over you" to see what is needed to get you back on top again.

Dr Pete

P.S. This is one of many examples of how dental health can have other health consequences and is one reason I look in the mouths of new clients. Old looking tarnished silver fillings are often a cause of health problems.

P.P.S. Symptoms of unhealthy fillings or teeth include sensitivity to hot and cold, recurrent mouth ulcers, a metallic taste, referred pain and headaches.